

**Mastery in Action**  
**Advanced Techniques of The One Command**  
**Week 5**

In order to qualify for your bonus coaching session, you must complete the questions below and submit this assignment for review. Please submit to Bonnie at [bonnie@successbyyourcommand.com](mailto:bonnie@successbyyourcommand.com). After we have received and reviewed your assignment, you will be contacted about setting up your bonus coach session.

- #1 Explain The One Command direct change rules of engagement. What are they and how do they apply in your life?
  
- #2 What is the purpose of the Re-Imaging process and what changes can you expect to experience after doing the process?
  
- #3 How does your subconscious mind operate and why is it so important to engage that part of your mind to create a new Inner Self Connection?
  
- #4 Explain the concept of Outsider vs Insider and the reason creating a new Circle of Influence with you as the Insider is vital to create change.
  
- #5 Why is a metaphor so powerful as a change agent? How can you use it to change something within yourself?
  
- #6 Please share a short testimonial about what has changed for you by taking this course. (We would also love to have a picture of you to use with your testimonial. You can attach it to the email you send to Bonnie with this assignment.)